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This can come up as annoyances arise (inevitable)—someone is texting at the next table, someone is speaking too loudly across the room, there is a long line... Bonus: Share Secrets By sharing personal and emotional exchanges, you can promote connection, according to psychology professor Arthur Aron, psychology professor at State University of New York at Stony Brook. Take it a step further and discuss controversial topics, such as your stance on the upcoming presidential election or veganism. These types of conversations fuel the brain and are far more interesting to us than the typical, dull, boring convos. Someone can derail a first date by unloading a detailed roadmap of their next half-decade—keep that blueprint in the vault. Nothing screams “flee” like, “By 2030, I’ll have two kids, a corner office, and a rescue dog named Bruce,” especially over appetizers. Step one: they mentally flag their wildest future flex—like plotting to retire at 40 on a vineyard or secretly wanting to join a circus—and swear it off for tonight. Instead, they toss a light dodge: if the date asks, “Where do you see yourself in five years?” they smirk, “Hopefully still charming strangers over tacos—your turn!” Real case: a woman once rambled, “I’ll be a VP by 2028, married by 2029,” and her date faked a bathroom break—permanently. Step two: they prep a quirky sidestep—say, “I’m more about nailing tonight’s vibe than mapping 2030; what’s your next adventure?” It’s flirty, not futuristic. Step three: they practice this filter—run a mock date with a friend, catch themselves mid-plan-spill, and pivot to a present-tense zinger like, “I’d rather hear your worst date story than pitch my life script.” It’s not hiding; it’s playing smart—future talk kills mystery, and mystery’s the juice of date one. These first date questions are guaranteed to make your date go smooth. But once you’re done asking the questions, what next? Time to take your conversation game even further and focus on enriching your self-improvement skills. Check out this free goodie today: Communicate With Confidence Do you struggle with small talk? Do you often run out of things to say or feel awkward and self-conscious in social situations? Speak so people listen, No more awkward silences, No more small talk. Check out our communication course, People School.

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