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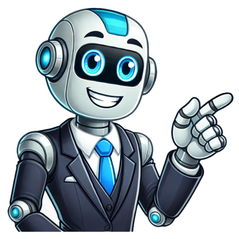

Made by Mensa Norway This online test gives an indication of general cognitive abilities, represented by an IQ score of between 85 and 145, where 100 is the population average. This test is not a substitute for professional intelligence tests, such as those administered by Mensa and licensed psychologists. This test consists of 35 puzzles in the form of visual patterns that must be solved within a 25-minute time limit. Participation requires neither specialised knowledge nor mathematical skills. The puzzles, which get progressively difficult, are weighted equally, so you get a point for each correct answer. You do not get bonus points for finishing the test early, so try to manage your time optimally. Also, you are not penalised for answering incorrectly, so make a guess whenever you are unsure.For the results to be as valid as possible, make sure you are sitting in a room that is properly ventilated and free from distractions so that you can work uninterrupted for 25 minutes. Please select your age range to start the test Made by Mensa Norway In this example, you can see a grid of 9 boxes, one of which is empty. You have to choose which of the 6 alternative shapes (A-F) must be placed in the empty box in order to complete the pattern that connects the shapes. As you can see, all the shapes in the grid are black, and each row contains the same shape, so the correct answer is B. You have now completed all the exercises. In the time remaining, you can either review your answers or click "Finish" and arrive at the results page (this page will appear automatically when your time limit is up). You have now completed all the exercises. In the time remaining, you can either review your answers or click "Finish" and arrive at the results page (this page will appear automatically when your time limit is up). You have now completed all the exercises. 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Your score is below 100. We will be expanding the measurable range of this test as soon as we have gathered more data. In some cases, this can be caused by plug-ins or other browser-specific settings that prevents a correct scoring. You could consider taking the test again from a different browser or computer. You may want to report this error to (opens e-mail with technical details filled in). Since we value your privacy we have not stored any information about your visit that can be linked up to this incident. But we would like to hear about the error. What device do you use? What browser? Any information you can provide will help us fix the error. © 2023 OHD&MN Mensa — the prestigious “table” society. The organization was especially popular in the 2010s, but it started dynamically gaining popularity once again. Would you qualify to be a part of this selective community? What are the benefits of being a member?What is Mensa?Photo by Bret Kavanaugh on UnsplashMensa International is a non-profit organization open to people who score at the 98th percentile or higher on a standardized, supervised IQ or other approved intelligence test. It is the largest and oldest high IQ society in the world. In other words, it gathers people with exceptionally high IQ that took the test. Only the top 2% can get in, meaning it’s even more selective than Harvard University! The organization consists of 134000 members, 57000 of whom are located in America.Mensa national groupsMensa is active in many countries and has a number of national groups functioning under the “Mensa International” umbrella. There are countries where there’s no such group, therefore their citizens may join Mensa International directly. National groups with the greatest number of members are the American Mensa, British Mensa (over 21000), and the German Mensa (15000).What are the benefits?Having a title of a “Mensa member” and the official certificate is nice on its own, however, it’s not the only thing the organization offers.SIGsPhoto by Chang Duong on UnsplashMembers can create and join Special Interest Groups on a local, national or international level. Some of them will encourage the sharing of cultural knowledge on a specific field of interest, while others will concentrate on the development of intellectual pursuits. Some examples of SIGs are:Chocolate SIGArt LoversDungeons M DragonsBitcoinAstronomyGay/Lesbian SIGMoneyMastersSherlock HolmesStar TrekBiochemistryBreadmakingWinemakingEconomy… and many many more, summing up to over 200 in total! You can find a link to the whole list at the end of this article. The SIGs organize different events, actions, and trips in which you can participate. But the best thing is meeting and talking with other members — there is no doubt that the conversations are on a truly “intellectual” level.Scholarships and funding opportunitiesPhoto by Visual Stories || Micheile on UnsplashThat’s right, there are some scholarships, grants, and other funding available only for the members of the organization from a specific country or around the world. One of the organizations awarding them is the Mensa Foundation, which awards more than $175,000 in assistance every year to college-bound students around the globe.PublicationsPhoto by NordWood Themes on UnsplashThere are also some members-only publications that are described as “intellectually stimulating” and “thought-provoking”. An example of this is your national magazine with contributions by Mensans on a wide variety of subjects. There are also some publications open to non-members.GatheringsPhoto by Headway on UnsplashMensa has many events for members, from the local to the international level. Several countries hold a large event called the Annual Gathering (AG). It is held in a different city every year, with speakers, dances, leadership workshops, children’s events, games, and other activities.Also, Regional Gatherings (RGs) are being organized, such as (the largest in the United States) in the Chicago area around Halloween, notably featuring a costume party for which many members create pun-based costumes.In Europe, since 2008 international meetings have been held under the name EMAG and in the Asia-Pacific region, so-called AMAGs are organized each year in different countries.Other benefitsAs a Mensa member, you can also for example join an online Workspace community or a special insurance program. If you want to, you can participate in scientific research representing a group of people with an exceptionally high IQ.How to join Mensa?All the benefits seem pretty cool, so why not join right away? Well, it’s not that easy. You have to write a supervised IQ test and score over 130 points — that means you’re in the top 2% having the highest intelligent quotient. You can sign up for the testing session on your national mensa website. The test cost varies depending on the country, but it’s rather affordable, in the US it is 30$.How does the REAL test look like?Photo by Ben Mullins on UnsplashYou might have stumbled upon some IQ tests online, but they’re mostly scams. They usually give you very inaccurate results and are nowhere near similar to real Mensa tests. There are also some tests that seem pretty normal and accurate, however, their scoring is off, and may have too many questions of the same type. Mensa does not accept such online tests as proof of your IQ.There are only a few “official” tests published by the organization. In the results, they don’t state your IQ, but give you an idea of whether you should try yourself in writing the real test. 2 online tests approved by Mensa are:Mensa International 30 minute quizMensa New Zealand 20 minute testThe second one is said to be more accurate and similar to the real test, whereas the International focuses more on your English knowledge. Here is an example from the New Zealand Mensa test:Make sure to take no more than 20 minutes, you can find the answers and explanations belowBefore we get to scoring…Photo by zhengtao tang on UnsplashPlease acknowledge that IQ is not an indicator of how intelligent, smart, or wise you are. It has been criticized and “debunked” many times. It only measures some of your logical thinking skills and doesn’t determine anything else apart of this narrow section of intelligence. Quoting Albert Einstein:Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.Don’t let the results from this test change how you feel about yourself and how smart you are - it is only one 20 minute test, what can it really tell about you?Answers and scoring:To find out your score and the possibility of you getting in, visit . It is, after all, their test, so getting the results on the official website may feel more “real”.Can you change your IQ?Photo by Robina Weermeijer on UnsplashThe IQ of an individual depends on age and environment. However, if you are an adult, you can’t change it a lot. That doesn’t mean you can’t change your IQ score. Here are some factors that may change your result:the test you take (might be slightly more difficult or easy)how focused you arehow stressed or tired you arethe testing environmentluck if you were guessing (not recommended)So as you can see, it is possible for you to score 90 and then 130, which just confirms, that IQ tests don’t tell a lot about your intelligence. Don’t take them too seriously ;). In our pursuit to understand the true intricacies of intelligence, many have turned to the Mensa IQ test. This test is not just a measure of knowledge but a gateway to understanding how our minds operate at extraordinary levels. But how accurate is it really? In this post, we'll unravel the mysteries of the Mensa IQ test, evaluating its precision and relevancy in today's world. Are You Ready to Know Your IQ? Discovering your IQ score is just a click away. Unveiling the Mystique of Mensa IQ Tests Mensa, an exclusive society for individuals with high IQs, has set the benchmark for intelligence assessment. Their IQ test is seen as a prestigious rite of passage for many intellectuals. But what makes it stand out from traditional tests? The Mensa test is designed to measure cognitive ability, not what you know. It dives deep into your problem-solving skills, logical reasoning, and pattern recognition. This focus makes it a unique tool for gauging potential rather than knowledge. For many, it's not just about getting a score; it's about understanding their cognitive strengths. However, the mystique surrounding Mensa often leads people to question its accuracy. Is it truly a reflection of one's intellectual prowess, or just another number? The answer, as it turns out, is a bit of both. Mensa's Precision in Measuring Intelligence Mensa's IQ tests boast an impressive accuracy rate. Aligning within 1.8% of traditional IQ tests, Mensa's results provide a reliable measure of intelligence. This small margin is a testament to its robust design and meticulous standards. Many experts agree that Mensa's precision comes from its comprehensive approach. Unlike conventional exams focusing on rote memory, Mensa evaluates abstract thinking, spatial relations, and logical reasoning. These components are vital in assessing true intelligence, making Mensa a preferred choice for many academicians. But like any test, it has its limitations. Factors like test anxiety, cultural bias, and even test day conditions can affect results. Yet, despite these variables, Mensa's consistency remains a benchmark in psychometric testing. The Science Behind Mensa's Accuracy To appreciate Mensa's accuracy, one must understand the science behind its development. Mensa's tests are meticulously crafted by experts who spend years researching cognitive psychology and psychometrics. The result is a tool that not only measures intelligence but also adapts to evolving cognitive theories. The test's structure ensures that it evaluates multiple facets of intelligence. From pattern recognition to verbal logic, Mensa covers a wide spectrum, ensuring its comprehensiveness. This broad approach minimizes biases, making it relevant across diverse demographics. Furthermore, Mensa's continuous revisions and updates ensure its relevance. By aligning with modern cognitive theories, it maintains its credibility and accuracy in assessing intelligence. Comparing Mensa with Traditional IQ Tests Traditional IQ tests have long been the standard in measuring intelligence. Tests like the Stanford-Binet and Wechsler Adult Intelligence Scale have set benchmarks for decades. However, Mensa offers a fresh perspective by focusing on potential rather than acquired knowledge. While traditional tests emphasize memory and learned skills, Mensa prioritizes abstract thinking. This difference sets the stage for varied outcomes. Yet, despite these discrepancies, Mensa's alignment within 1.8% of traditional tests speaks volumes about its reliability. Another advantage of Mensa is its adaptability. While traditional tests remain static, Mensa evolves with the times, incorporating new findings from cognitive research. This dynamic approach ensures its continued accuracy and relevance. The Online vs. Supervised Mensa Test Conundrum The rise of online testing has made the Mensa IQ test more accessible than ever. But this convenience comes with its own set of challenges. How does the online version compare to the supervised test, and what does it mean for accuracy? Online tests offer flexibility and accessibility, allowing test-takers to evaluate their cognitive abilities from anywhere. However, factors like environmental distractions and lack of supervision can influence results. Despite these challenges, Mensa's online version remains remarkably aligned with its supervised counterpart. For those seeking precision, the supervised test remains the gold standard. Under professional oversight, test conditions are controlled, ensuring optimal accuracy. Yet, the online test serves as an excellent preliminary tool, offering insights and preparing individuals for the supervised version. Factors Influencing Mensa's Test Results While Mensa's accuracy is commendable, several factors can influence test results. Understanding these variables can help individuals interpret their scores better and make informed decisions. Test anxiety is a significant factor. Even the brightest minds can falter under pressure, affecting results. Additionally, cultural and linguistic biases can skew results, especially for non-native speakers. Mensa continuously strives to minimize these biases, but they still exist. Finally, environmental factors play a role. The test setting, time of day, and even one's mood can impact performance. Being aware of these variables can help individuals achieve more accurate results. Mensa's Role in Modern Psychometrics Modern psychometrics has evolved significantly over the years, and Mensa has played a pivotal role in this evolution. By setting high standards and continuously refining its tests, Mensa has influenced how intelligence is perceived and assessed. Mensa's emphasis on cognitive potential has shifted the focus from memorization to problem-solving. This shift reflects modern educational philosophies, emphasizing critical thinking and creativity over rote learning. Furthermore, Mensa's contributions extend beyond testing. Its research initiatives and collaborations with academic institutions have propelled advancements in cognitive psychology, making it a leader in the field. Mensa's Global Impact on Intelligence Perception Mensa's influence extends beyond academics, shaping global perceptions of intelligence. By celebrating diverse cognitive abilities, Mensa challenges traditional notions of intelligence, promoting inclusivity and diversity. Through its global network, Mensa fosters a sense of community among intellectuals. This sense of belonging encourages individuals to pursue intellectual growth, explore their potential, and challenge societal norms. Mensa's impact is also evident in popular culture. By highlighting intelligence's multifaceted nature, Mensa has redefined brilliance, making it accessible to all, regardless of background or upbringing. The Future of Intelligence Testing with Mensa The future of intelligence testing holds immense promise, and Mensa is poised to lead the way. With advancements in technology and cognitive research, Mensa's tests will continue to evolve, offering even greater accuracy and insights. Emerging technologies, like AI and machine learning, will enhance Mensa's testing capabilities. These innovations will provide deeper insights into cognitive processes, offering a more holistic view of intelligence. Mensa's commitment to continuous improvement ensures its relevance in an ever-changing world. By staying ahead of trends and adapting to new challenges, Mensa will remain a beacon of excellence in intelligence assessment. Conclusion In our quest to understand intelligence, Mensa's IQ test stands out as a remarkable tool. Its accuracy, backed by rigorous research and continuous refinement, makes it a reliable measure of cognitive potential. While no test is without limitations, Mensa's credibility and influence are undeniable. For intellectuals, academics, and psychometric test takers, Mensa offers a gateway to self-discovery and personal growth. Whether you're considering taking the test or simply curious about its intricacies, Mensa provides valuable insights into the human mind. To explore further, consider joining Mensa's vibrant community or accessing its vast resources. Embark on your intellectual journey with Mensa and discover the depths of your cognitive potential. Read more Does IQ Test Memory? Does IQ Test Prove Creativity? Does Reading Make You Smarter? How Accurate Is 123 IQ Test? In our pursuit to understand the true intricacies of intelligence, many have turned to the Mensa IQ test. This test is not just a measure of knowledge but a gateway to understanding how our minds operate at extraordinary levels. But how accurate is it really? In this post, we'll unravel the mysteries of the Mensa IQ test, evaluating its precision and relevancy in today's world. Are You Ready to Know Your IQ? Discovering your IQ score is just a click away. 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By accepting all cookies, you agree to our use of cookies to deliver and maintain our services and site, improve the quality of Reddit, personalize Reddit content and advertising, and measure the effectiveness of advertising. By rejecting non-essential cookies, Reddit may still use certain cookies to ensure the proper functionality of our platform. For more information, please see our Cookie Notice and our Privacy Policy. Reddit and its partners use cookies and similar technologies to provide you with a better experience. By accepting all cookies, you agree to our use of cookies to deliver and maintain our services and site, improve the quality of Reddit, personalize Reddit content and advertising, and measure the effectiveness of advertising. By rejecting non-essential cookies, Reddit may still use certain cookies to ensure the proper functionality of our platform. For more information, please see our Cookie Notice and our Privacy Policy. Mensa offers an authorized IQ test for persons above the age of 16. Are you curious to know your own IQ? The test is available to everyone, so you may still take the test even if you do not have any ambitions to qualify for a Mensa membership. A test like this is likely to cost thousands of kroner if taken at a psychologist, while at Mensa it only costs 500 NOK. Register for an IQ test An overview of scheduled tests can be found in the test calendar. If you score among those with the top 2% highest IQ in the population, you will also get an offer to join Mensa together with your test result. You are welcome to try our online home test. It is similar to the controlled test described above, and may be used for practice purposes. The home test is not an authorized test, but it will provide a good indication of your IQ level. Mensa is an international society for individuals with a high IQ. Mensa tests are used to assess intelligence, and if you score in the 98th percentile or above on a standardized, supervised Mensa IQ test or an approved professional intelligence test, you qualify to join the organization. Unofficial IQ tests have long been taken as barometers of intelligence, and there are many different IQ tests available online. The Mensa Norway IQ test is one of the most popular and gives an indication of general cognitive abilities. It can be taken online by anyone who wishes to complete it. As your score cannot be verified, however, the test provides only an indication of how you may perform in an official IQ test and does not generate a Mensa IQ score. Although taking the Mensa Norway IQ test online will not qualify you for Mensa membership, sitting the test is a good way to practice for a supervised Mensa IQ test. As many people are intrigued by their IQ, the Mensa Norway IQ test can also be used as a fun way of putting your abstract reasoning skills to the test. What Is Included in the Mensa Norway IQ Test in 2025? The Mensa Norway IQ test is designed to assess your cognitive capacity through measuring your inductive, deductive, and spatial reasoning skills. The test is composed of purely visual reasoning problems, so there are no verbal or linguistic reasoning questions. No specialized knowledge or mathematical skills are required. The test presents 35 questions, which must be answered within 25 minutes. These questions are not split into sections, so questions assessing different reasoning styles appear in a random order. As you advance through the test, the questions become progressively more difficult. All answers carry the same weighting, so each question is equally as important to your overall score. You will need to complete the test at a steady pace; however, avoid rushing as this will result in unnecessary mistakes. The time you take to complete the test does not impact your score, so use the full 25-minute time allowance. If you finish early, take the opportunity to check through your responses. The Mensa Norway IQ test is not negatively marked so, if you are unsure about a question, take your best guess. How Does the Mensa Norway Test Differ From the Official Mensa Supervised Assessment? Mensa’s supervised assessment, which can evidence a qualifying IQ score, is composed of two separate standardized tests: Cattell III B Cattell Culture Fair III A A score that ranks in the top 2% of the population in either test makes you eligible for Mensa membership. This equates to a score of 148 or above on the Cattell III B (the maximum IQ score is 161), and a score of 132 or above on the Culture Fair test (the maximum score is 183). The Cattell III B test focuses upon verbal reasoning, whilst the Cattell Culture Fair III A test contains only visual questions involving images and diagrams. The Culture Fair test is designed to level the playing field for non-native English speakers and those with dyslexia. The Mensa Norway IQ test stands alone and features only the spatial reasoning style of IQ testing (as found in the Culture Fair test). What Is a Good Score on the Mensa Norway IQ Test? The Mensa Norway Test doesn’t result in an equivalent Mensa IQ score but gives a good indication of your IQ level. Once you’ve completed the test, it generates a score of between 85 and 145. A score of 100 represents the population average. How Can I Practice for the Mensa Norway IQ Test? Spatial reasoning and pattern recognition are not skills we are actively aware of using in daily life, despite the fact our brains are constantly employing them to make sense of objects and situations. You may, therefore, wish to invest time in some conscious practice before sitting a Mensa Norway IQ test. As the test is unofficial, however, the Mensa Norway test can be treated as practice in itself. It should, though, only form part of your preparation alongside the other actions and tips we’ll discuss below. The questions on the test involve a series of block shapes, outlines, symbols, lines and dots, often arranged into more complex figures with multiple features. These are presented in a three-by-three square grid of nine boxes. Each box that contains a figure is referred to as a pattern unit. In each question, you’ll be presented with a sequence composed of eight pattern units and asked to indicate which is the correct figure to complete the sequence. Every question is multiple choice, with six potential pattern units presented. To work out which is correct, you’ll need to deduce the pattern rule, which governs the movement and appearance of the figures in the sequence. To achieve a strong score on the Mensa Norway IQ test, you’ll need to become adept at rapidly analyzing grid patterns. The time pressure of the test may seem daunting, but there are some key techniques that can help with answering pattern-recognition questions. To quickly analyze the sequence presented in a question, look out for the following. Repetitions Across Rows and/or Columns Looking for these repetitions will help you to deduce whether the rule or rules being followed are influenced by the positioning of the figures in the grid. From this, you’ll be able to eliminate answers that do not fit the pattern. In more complex questions, there will be elements of the pattern that change according to both column and row. Isolate the Different Components of the Pattern Units Each pattern unit will likely be made up of multiple shapes, lines, dots and colors (black and white). When analyzing the sequence, isolating the different aspects can help you to identify patterns. For example, look for changes or commonalities across the central symbol in the pattern unit or across peripheral features such as shape outlines. You can use divergences in these isolated features to eliminate possible answers. Remember to Look For Repetitions Across the Diagonals Repetitions that are key to the pattern rule may not be present when looking across the horizontal or vertical rows, but they may become clear when looking at the diagonal rows. Don’t forget to look for these! Also, note that, in more complex questions, there may be different patterns occurring across the diagonals in both directions (from top right to bottom left, as well as from top left to bottom right). Look For Rotations The pattern rule may involve rotation of the pattern unit (or an element of it). Look out for the rotation of shapes and figures across the rows or columns. Be aware that in some of the more complex questions, the degree and/or direction of rotation could differ across the rows and columns. Keep an Eye Out for Any Additions (Or Deductions) in the Pattern Units As you work across the rows and columns searching for logic rules, look for any additional features that are appearing (or disappearing) in the pattern unit. For example, the addition of a black square in each box or the removal of a grey dot. Note that these additions may be obscured by rotations of the pattern unit and may make the contents look like an entirely new figure, so you’ll need to consider the multiple shifts at play!The Mensa website features a large selection of self-paced brain-teaser questions and an online workout, which presents 18 questions to be answered within a 15-minute time limit. The questions cover both spatial and verbal reasoning.Mathematics involves many structured patterns and rules. Learning and applying these helps to improve abstract reasoning and pattern recognition. Practicing different sequences (such as Fibonacci), completing algebra problems or doing Sudoku puzzles will help hone your skills.Observe nature (and man-made structures) in your daily life. Nature creates many incredibly complex patterns, for example, in leaves, frost and seashells. Look at things from different perspectives or step back and view things as part of a bigger picture to see what patterns emerge. By keeping an eye out for natural patterns all around you when you’re taking time to relax and recharge, you can strengthen your pattern-recognition skills in an engaging way that requires low commitment.To improve your ability to decipher patterns, start playing games that involve pattern and strategy analysis. Chess, for example, is a great way to get your brain thinking spatially. Mah-jongg employs analysis skills around shapes and symbols, and Scrabble or word searches do the same with letters. Simple games such as ‘spot the difference’ or ‘find the hidden object’ are also beneficial for honing your ability to rapidly spot pattern characteristics.Once you’ve worked through the Mensa resources, there are many other pattern-recognition practice questions available online. It’s important to practice questions in a similar style to the Mensa Norway IQ questions to familiarize yourself with their demands and expectations. Abstract reasoning, spatial reasoning and logical reasoning tests are timed and use many of the same skills, so are useful for practice.It's important to get used to completing pattern-recognition questions at a steady pace, as the Mensa Norway IQ test is a timed assessment. Time yourself when completing different puzzles, games or practice questions. You’ll need to work both quickly and accurately when completing an IQ test. For the Mensa Norway IQ test, you’ll need a pace of around 40 seconds per question to complete all 35 questions. The Mensa Norway IQ test is an unofficial IQ test, useful for practicing for a supervised Mensa test or just to satisfy general curiosity around your IQ. Your score for the test is not recorded or received by Mensa, so it is a low-stakes practice option featuring similar questions to the official test. If you are thinking about taking a test for Mensa membership, the more practice IQ tests you complete, the greater your chances of performing well in the approved, supervised assessment. Exploring your IQ can be a good confidence boost but remember that an IQ score is only one measure of intelligence. IQ indicates the potential to absorb and process information. It is worth noting that, although impressive, without the practical skills to apply intelligence in real-world practical scenarios, a high IQ score alone does not carry a great amount of weight in the working world. 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