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released from the cell. They can be found scattered within the covering epithelia as unicellular glands (e.g., goblet cells in the intestinal epithelium), or they can form glandular organs (e.g., thyroid gland). Glands are classified in two ways: Based on where they release their product - into endocrine and exocrine glands Based on the number of comprising cells - into unicellular and multicellular glands Exocrine glands excrete their products onto the external body surface or into internal organs' cavities. They can be unicellular and multicellular. Unicellular exocrine glands are dispersed within the covering epithelia, such as goblet cells in gastrointestinal and respiratory tracts. Multicellular glands consist of two parts: a secretory unit which secretes the product and an excretory duct which conveys the product out of the gland. By the structure of their excretory duct, multicellular glands classify as simple or compound. Simple glands have an unbranched secretory duct which may have different shapes; tubular, branched tubular, coiled tubular, alveolar and branched alveolar. Compound glands have a branching excretory duct. Based on the structure of their secretory units, they are further divided into tubular, acinar and tubuloacinar. Multicellular glands can also be classified by the mode of their secretion; merocrine (excretion via exocytosis), holocrine (excretion with cell apoptosis) and apocrine (excretion by detaching the apical membrane). Merocrine glands are further divided into three types; Mucous glands; secrete viscous products rich in proteins bound to carbohydrates (sublingual glands). Serous glands; release watery fluid where proteins aren't bound to carbohydrates (parotid gland). Seromucous glands; secrete mixed products (submandibular gland). Endocrine glands do not have excretory ducts. Instead, their product, called hormone, diffuses into capillaries and travels through the bloodstream to reach its target organ/s and modify their functions. Endocrine epithelial cells can be organized in three ways; Forming parenchyma of endocrine glands (e.g. pineal gland, suprarenal gland) Incorporated in organs whose primary function is other than endocrine (e.g. juxtaglomerular cells of the kidney, Leydig cells of the testes) Dispersed within other epithelial cells, being specifically connected to autonomic neurons (diffuse neuroendocrine system - DNES) There is no uniform structure applied to all endocrine cells. Instead, they are classified by the nature of their secretion into cells that produce proteins and cells that produce lipids (steroids). Find out more about glands histology here. Many epithelial cells are able to secrete various macromolecules. The best example is glandular epithelium. Endocrine glands secrete hormones that regulate a variety of bodily functions, such as blood sugar levels (insulin), cellular metabolism (thyroxin) and cardiac cycle (noradrenalin). Exocrine glands maintain the body surfaces (sebum on the skin) and support functions of organs they discharge into (digestive enzymes in the small intestine). Absorption function is best exemplified by surface epithelia with apical microvilli which significantly increase the absorptive surface area. Columnar epithelium in the small intestine is a good example. These cells function to absorb nutrients from the digestive tract, then transport the digested substances into the circulation. By having channels and pumps on their apical and basal surfaces, epithelial cells transport substances into and out of their cells. For example columnar cells of the ileum transport iron from the intestinal lumen into the capillaries, and cuboidal cells of renal tubule expel the H⁺ (hydrogen ion) from the body into the urine. Squamous epithelia, which form serous and mucous membranes as well as capillary linings, are also specialised for bidirectional substance transport. Epithelial tissue forms a selective barrier, protecting the underlying organs from mechanical and chemical insults such as intoxication, tearing and infections. This is one reason why epithelia doesn't have blood vessels, as abrasion could result in tearing of the vessel and bleeding. Epithelia specialized for protection, such as the stratified squamous keratinized epithelium of the skin, are multilayered and have a high cell renewal rate. This means that they repair quickly after injury. Epithelia can be specialized to receive sensory information and translate this information into neural signals. One example is pseudostratified columnar epithelium of the olfactory nasal mucosa. These epithelial receptor cells have apical cilia which detect the chemical signals of incoming odors. They pass that signal to the olfactory nerve (CN I) which transmits the information about the smell to the central nervous system. Other receptor epithelia include stratified columnar epithelia of the retina, taste buds, organ of Corti and ampullae in the inner ear. Epithelial tissue is one of the four tissue types. It is found lining the inner and outer body surfaces and comprising the parenchyma of the glands. It is divided into surface (covering) and glandular (secreting) epithelium. Surface epithelium consists of one or more cell layers, stacked over a thin basement membrane. Based on the cell shape, epithelial tissue is classified into squamous, cuboidal or columnar. Depending on the number of layers, the tissue is divided into simple or stratified. Subclassifications include pseudostratified, ciliated or transitional. Glandular epithelial cells produce and release various macromolecules. Glands are described as endocrine or exocrine glands, depending on where and how they release their product. Based on the number of cells, they are divided into and unicellular or multicellular. All content published on Kenhub is reviewed by medical and anatomy experts. The information we provide is grounded on academic literature and peer-reviewed research. Kenhub does not provide medical advice. You can learn more about our content creation and review standards by reading our content quality guidelines. References: Ross, H. M, Pawlina, W. (2011). Histology (6th ed.). Philadelphia, PA: Lippincott Williams & Wilkins. Mescher, A. L. (2013). Junquiera's Basic Histology (13th ed.). New York, NY: McGraw-Hill Education Article, review and layout: Jana Vasković Nicola McLaren Articles within this topic: Videos within this topic: Overview and types of epithelial tissue: want to learn more about it? Our engaging videos, interactive quizzes, in-depth articles and HD atlas are here to get you top results faster. What do you prefer to learn with? "I would honestly say that Kenhub cut my study time in half." - Read more. Kim Bengochea, Regis University, Denver © Unless stated otherwise, all content, including illustrations are exclusive property of Kenhub GmbH, and are protected by German and international copyright laws. All rights reserved. February 23, 2018 Gaurab Karki Class 12. Histology, Zoology 0 An epithelium is a sheet of cells that covers a body surface or lines a cavity. Epithelium forms the coverings of surfaces of the body such as Skin, Mouth, Nasal cavity (Ectodermal), Lines internal body surface such as GI tract, Lungs, Urinary bladder and vagina (Endodermal) and Lining of blood vessels, lymphatic and heart (Endothelial cells derived from Mesoderm). It serves many purposes, including protection, adsorption, excretion, secretion, filtration, and sensory reception. Epithelium also serves as glandular epithelium. There are two functional types of epithelium: lining epithelium and glandular epithelium. Polarity- Epithelium is arranged so there is one free surface (apical surface) and one attached surface (basal surface) Cellular nature- Cells in epithelium fit closely together side by side and sometimes atop each other to form sheets of cells. These sheets are held together by specialized junctions. Supported by connective tissue- Attachment to a layer of connective tissue at the basal surface forms a layer called the basement membrane, an adhesive layer formed by secretions from the epithelial cells and the connective tissue cells. Avascular- Epithelium typically lacks its own blood supply. Regeneration- Epithelium cells can regenerate if proper nourished. Absence of nerves (except for a few axons in the deeper layers) Typically epithelial tissue is classified on the basis of arrangement and shape of cells. For naming the tissue types, the arrangement of the cells is stated first, then the shape, and is followed by "epithelium" to complete the naming. For example; Simple Squamous Epithelium. 1. Classification scheme of epithelial tissue on the basis of arrangement of cells i. Simple epithelium: Cells are found in a single layer attached to the basement membrane. ii. Compound or Stratified epithelium: Cells are found in 2 or more layers stacked atop each other. iii. Pseudo-stratified epithelium: Pseudo-stratified epithelium appears to be more than one cell thick since the nuclei lie at different heights, but in fact it is single layer of cells, in contact with the basement membrane iv. Transitional epithelium: cells are rounded and can slide across one another to allow stretching 2. Classification scheme of epithelial tissue on the basis of shape i. Squamous epithelium: (Latin, squama- scale) flat, thin, scale-like cells, eg. Endothelium, mesothelium, pericardium, peritonium ii. Cuboidal epithelium: cells that have a basic cube shape. Typically the cell's height and width are about equal. Eg. Kidney tubules, thyroid glands, duct of sweat gland iii. Columnar epithelium: tall, rectangular or column shaped cells. Typically cells are longer than width. Eg. Intestinal lining, gall bladder, ducts of glands Types of epithelium tissue: simple epithelium tissue compound epithelium tissue Specialized Epithelium Simple epithelium tissue Simple squamous epithelium Simple cuboidal epithelium Simple columnar epithelium Pseudo-stratified epithelium Compound or Stratified epithelium: Stratified squamous epithelium Stratified cuboidal epithelium Stratified columnar epithelium Transitional epithelium Specialised Epithelium Glandular epithelium Germinal epithelium Sensory epithelium Ciliated epithelium

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